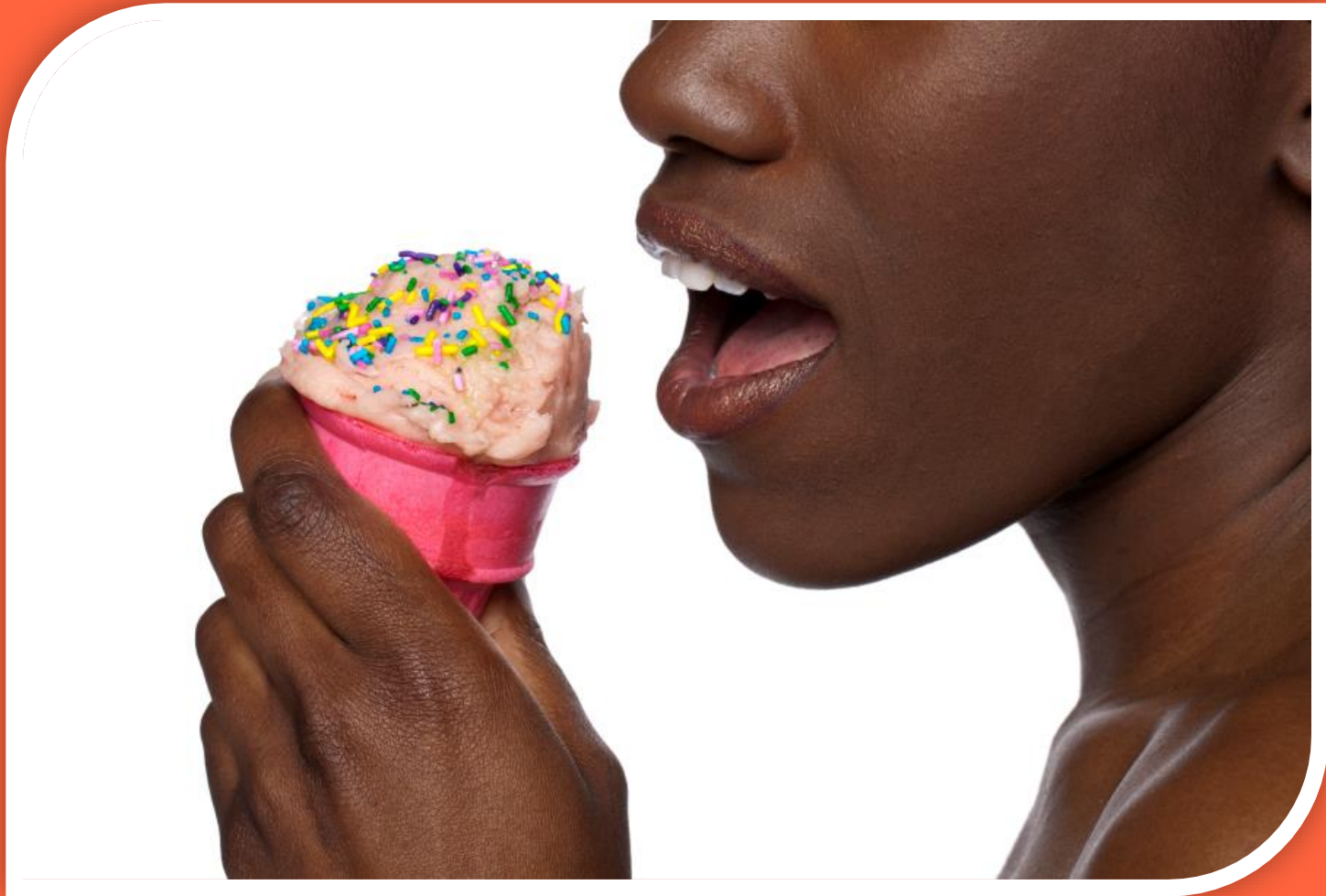


*Part of the secret of success in life is to eat what you like and let the food fight it out inside.*

-- Mark Twain



*We load up on oat bran in the morning so we'll live forever. Then we spend the rest of the day living like there's no tomorrow.*

-- Lee Iacocca



*You can find your way across this country using  
burger joints the way a navigator uses stars.*

-- Charles Kuralt



*Recipe: A series of step-by-step instructions for preparing ingredients you forgot to buy, in utensils you don't own, to make a dish the dog wouldn't eat.*






*I refuse to believe that trading recipes is silly. Tuna fish casserole is at least as real as corporate stock.*

-- Barbara Grizzuti Harrison

~~Do not double this recipe -~~  
Here's what's cookin': Melt-in-the-Mouth  
Recipe from the kitchen of: my mother



Sift together into a bowl and reserve -  
3/4 cup sifted flour    1/2 tsp. salt  
1 tsp. baking powder

- Put 1/2 cup soft butter in large bowl of electric mixer
- Add 1 cup packed light brown sugar  
1 egg    1 tsp. vanilla extract
- Beat with mixer until mixture is light and fluffy.
- Beat in flour mixture with mixer, blending until smooth.
- Stir in 1/2 cup finely chopped nuts. (pecans) Mother uses walnuts
- Drop by scant measuring teaspoonfuls onto an ungreased cookie sheet. Bake in hot oven (400° F.) about 5 minutes or until browned. Cool 1/2 minute. Remove carefully to wire racks. Makes ~~one~~ dozen (3 1/2)

*I will not eat oysters. I want my food dead –  
not sick, not wounded - dead.*

-- Woody Allen



*Hunger is the best sauce in the world.*

-- Cervantes



*Good bread is the most fundamentally satisfying  
of all foods; good bread with fresh butter,  
the greatest of feasts!*

-- James Beard





*Great food is like great sex.  
The more you have, the more you want.*

-- Gael Greene



*You are what you eat. For example,  
if you eat garlic you're apt to be a hermit.*  
-- Franklin P. Jones



*Cold beer and pizza are spiritual.*

-- Betsy Cañas Garmon, [wildthymecreative.com](http://wildthymecreative.com)



*We should look for someone to eat and drink with  
before looking for something to eat and drink.*

-- Epicurus





*He who eats alone chokes alone.*

-- Proverb



*After dinner sit a while,  
and after supper walk a mile.*

-- English Saying



*The trouble with eating Italian food is that  
five or six days later you're hungry again.*

-- English Saying

