All happiness depends on a leisurely breakfast.

-- John Gunther



Worries go down better with soup.

-- Jewish Proverb



My favorite animal is steak.

-- Fran Lebowitz



Red meat is not bad for you. Now blue-green meat, that's bad for you!

-- Tommy Smothers



We think fast food is equivalent to pornography, nutritionally speaking.

-- Steve Elbert



It would be nice if the FDA stopped issuing warnings about toxic substances and just gave me the names of one or two things still safe to eat.

-- Gore Vidal, American Novelist/Critic



Large, naked raw carrots are acceptable as food only to those who lie in hutches eagerly awaiting Easter.

-- Fran Lebowitz



It's bizarre that the produce manager is more important to my children's health than the pediatrician.

-- Meryl Streep



We are living in a world today where lemonade is made from artificial flavors, and furniture polish is made from real lemons.

-- Alfred E. Newman



If God had intended us to follow recipes, He wouldn't have given us grandmothers.

-- Linda Henley



It's so beautifully arranged on the plate - you know someone's fingers have been all over it.

-- Julia Child



If we're not willing to settle for junk living, we certainly shouldn't settle for junk food.

-- Sally Edwards



There is one thing more exasperating than a wife who can cook and won't, that's a wife who can't cook and will.

-- Robert Frost



Everything I eat has been proved by some doctor or other to be a deadly poison, and everything I don't eat has been proved to be indispensable for life. But I go marching on.

-- George Bernard Shaw



I'll bet what motivated the British to colonize so much of the world is that they were just looking for a decent meal.

-- Martha Harrison

